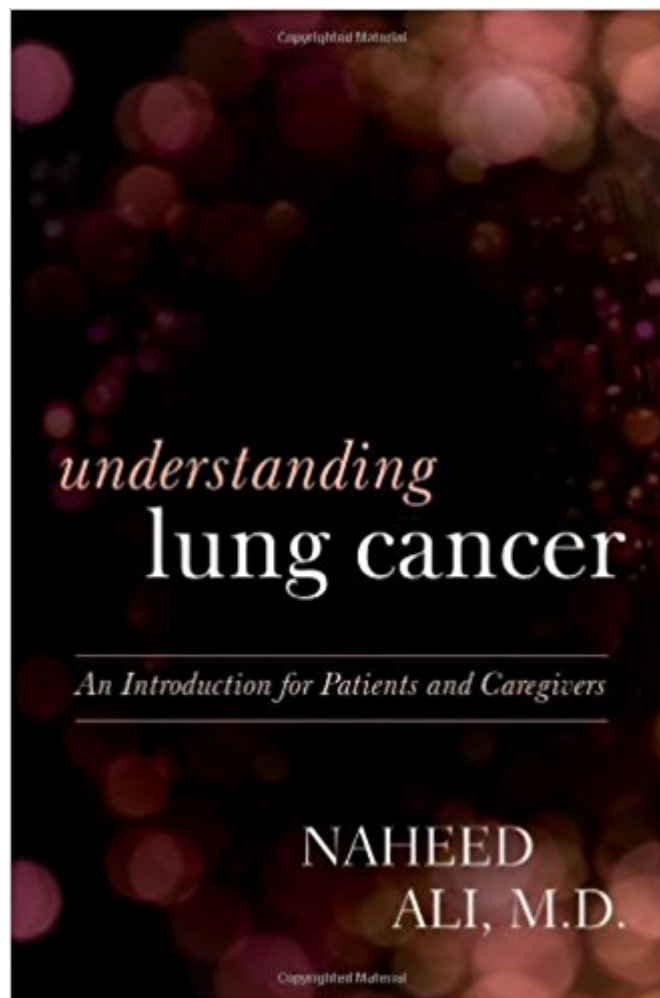




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# Understanding Lung Cancer: An Introduction For Patients And Caregivers



## Synopsis

Cancer of any kind is scary, but lung cancer is unique in that most people think that only people who smoke can or do get it. The truth is that anyone can get lung cancer, and it can be deadly. In 2008 (the most recent year numbers are available), 208,493 people in the United States were diagnosed with lung cancer, while 158,592 people in the United States died from lung cancer. Here, Dr. Naheed Ali dispels the notion that only smokers develop lung cancer, but also goes over their increased risk for getting the disease, while also considering the risk factors that non-smokers face. He provides background and tips for combating lung cancer, from prevention, to treatment, to coping with the disease should a person fall victim. In typical fashion, Ali helps readers to understand what lung cancer is, how it develops, its different forms, and how both patients and caregivers can approach healing and treatment. Offering a clear background on the disease and its development, this work will help lung cancer sufferers and their friends and family better cope with and understand the diagnosis.

## Book Information

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## Customer Reviews

Dr. Ali's Understanding Lung Cancer is an incredibly well-organized guidebook possessing an ability to discuss virtually everything there is to know about lung cancer in a single volume. The author emphasizes how lung cancer can affect both patients and caregivers in all walks of life, and his ideas are suggestive of a multipronged approach that's much needed in light of our rapidly changing health care system. As someone who has lost family members to lung cancer, I

have no hesitation in recommending this book. (Meredith Patterson, Broadway and Television Actress) Dr. Ali has taken on a huge and complicated subject, and successfully given an overview that will benefit lay and professional readerships alike. Most of all, he has clearly defined the monstrous nature of this killer - lung cancer - and correctly pointed out that while there are many factors in its development, the single most consistent stimulus is WHAT WE BREATHE. The data for that cause and effect is irrefutable. For those that seek knowledge regarding this cancer, this work is rich in data sources. (Roy B. Sessions, M.D., author of The Cancer Experience)

Naheed Ali, M.D., Ph.D., is the author of Understanding Celiac Disease (Rowman & Littlefield, 2014), Understanding Alzheimer's (Rowman & Littlefield, 2012), and Arthritis and You (Rowman & Littlefield, 2013). His website is [NaheedAli.com](http://NaheedAli.com).

My heart goes out to all the others out there who are wrestling with this disease or who are sharing the experience with a loved one who is struggling as well. This is an awful disease, so I'm so glad that there is a resource out there that is honest and wants to provide a comprehensible guide to the disease. The author is absolutely right - Lung Cancer is not just limited to smokers, it affects more people than that. This book has the answers to this devastating mystery. To be from a trusted, M.D. who is well-versed in the subject, has studied it first-hand, and is an undeniable expert, this was the obvious choice to understanding the disease wholly. Dr. Naheed Ali writes from an objective manner, telling the complete truth. I like that it doesn't read like a textbook, but doesn't patronize people who are suffering either. It is detailed and specific, but gives you what you want to know about alleviating symptoms, what makes it more bearable. I just consider this Understanding Lung Cancer: An Introduction for Patients and Caregivers to be indispensable for me and my loved one during this time.

Was a little doubtful at first because of the high price, but as I read through it, I had lots of light bulbs go off in my head. Just when you think you know everything about understanding lung cancer, this book opens the doors to how lung cancer actually works inside of you. Not to mention all the damage this form of cancer causes. The preface explains to the reader why a comprehensive approach to learning about lung cancer is necessary in the first place. That's a very rare yet important point for all health books. Soon it goes a little deep into the medical terms to give you a bit of baptism by fire, which instantly tells you the book's title is appropriately intended for the average reader as well as the advanced health care professional. Everything is properly

referenced all throughout and there's also an extensive glossary at the end. There's so much to gain just by running through it once and I feel compelled to share with others. I am giving this book five stars for the tremendous amount of information it offers in comparison to others on the subject.

I am just started to read the book it is informative but scary but it is a MUST read. thank you

Aha yo, what do you mean lung cancer kills people?

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